

# Sheffield Carers Centre Update about our services

Due to the COVID 19 outbreak, Sheffield Carers Centre has made changes to its services for carers.

#### **Carer Advice Line**

The Carer Advice Line provides information, advice, signposting and a listening ear about issues related to your role as a carer.

It is open **Monday – Friday 10am-4pm**. Outside of those hours, or if the line is busy, you can leave a voicemail message, clearly stating your name and phone number, and we will call you back.

Contact us on 0114 272 8362 if you have any enquiries or would like to discuss any aspect of your caring role. You can also email support@sheffieldcarers.org.uk

# **Registration with Sheffield Carers Centre**

Any adult carer who lives in Sheffield, or looks after an adult resident of Sheffield, can register with Sheffield Carers Centre. To register call 0114 278 8942 email <a href="mailto:support@sheffieldcarers.org.uk">support@sheffieldcarers.org.uk</a> or complete the online form at <a href="https://sheffieldcarers.org.uk/contact-us/register/">https://sheffieldcarers.org.uk/contact-us/register/</a>.

You will be sent a welcome pack with information about our services.

If you have email you will receive 'Carers News', which provides regular news and information of interest to carers.

We are not sending out Carers Cards during this period, and will automatically post out outstanding Carers Cards when normal services resume after the COVID 19 outbreak.

### **Community Connect**

The Community Connect service provides regular telephone contact with carers who are isolated. During the COVID 19 outbreak we are maintaining regular contact with carers who are isolated and in need of more support during this period. If you would like to receive this service please contact the Carer Advice Line.

#### **Social Media and website**

We post important updates on our Twitter and Facebook accounts and website. If you use social media, this is a good way of receiving updates quickly.

Twitter.com/SheffieldCarers

Facebook.com/SheffieldCarers

There is a dedicated Coronavirus page on our website with key information and links: <a href="https://sheffieldcarers.org.uk/information-for-carers-and-others-about-coronavirus-and-covid-19/">https://sheffieldcarers.org.uk/information-for-carers-and-others-about-coronavirus-and-covid-19/</a>

#### **Carers Needs Assessments**

In order to make best use of resources at this time we are prioritising urgent situations. This means situations in which the caring situation is at, or close to, breakdown. A Carer Adviser will work with you to address the urgent needs as far as possible.

# Groups

The Carers Café and Mental Health Hub are suspended until the outbreak is over and social distancing measures are no longer in place.